

Using Light to Dissolve Emotional Trauma



After 30 years of investigating the healing effects of colored light, Jacob Liberman is convinced that we are indeed 'light beings'. Our every function, physical, emotional and spiritual, is light dependent. Yet, for each of us, our response to colored light is as unique as our fingerprint. Jacob has discovered that the colors we are uncomfortable viewing are the key to unlocking the aspect of ourselves we have kept 'in the dark'. After working with thousands of individuals, he has found that as we become comfortable viewing the colors we once disliked, we simultaneously begin to accept our selves and our lives more fully. In addition, our health improves, our awareness expands and we gradually become free of the emotional issues that habitually trigger stress in our lives. As we embrace the full spectrum of LIGHT, we embrace all of LIFE and our inner light radiates out into the world.

Participants are invited to experience for themselves the transformative effects of viewing colored light.

"You see what you expect,
and expect what you invite.
Your perception is the result of your invitation,
coming to you as you sent for it."

(ACIM, T-12.Vii.5:1-2)